



The Messenger



Selah United Methodist Church

March 20 20



“Preach the Gospel at all times, use word when necessary”

As we begin March we also are heading into the Lenten season. Lent is a time of repentance, self-denial, and returning our focus to Jesus. Let’s seriously put our focuses on Loving God and Neighbor this year. I will be doing a Soup and Lenten Study starting March 4-April 8. The book we will be using is, *Entering the Passion of Jesus* by Amy-Jill Levine. This will be a six-week study examining the Passion of Jesus. I would like to encourage everyone to take part in this journey.

Over the next few months I will be spending a lot more time with my other job as a Chaplain with the Washington Army National Guard. In March, I will be on orders for ten days in preparation for our training exercise that will be in California. The training in California will take me away from the church for five weeks. Although I will be gone, I will not be on vacation, but still doing God’s work in a different environment. The training that will be conducted will not be easy and will test each of the soldiers in my Battalion. I also will be tested as a Chaplain. I am asking for prayers from the congregation as I make this journey doing God’s work.

Shalom, Pastor Dirk



WORSHIP COMMITTEE



The Worship Team met Thursday, February 13th at Daniel's Kitchen for their regularly scheduled meeting. There were no special worship events planned since the last time the team met. It was agreed that we would not celebrate Scouting Ministries Sunday this year, as Pastor Dirk was unable to make contact with Scouting leadership.

Daylight Savings Time starts on Sunday, March 8th. Please remember to set your clocks forward before you go to bed on Saturday night. Bill Walton will be on vacation March 15th and 22nd. If you know of someone who could play the piano or organ those two Sunday's, please tell either Margaret Antanaitis or Kevin Dow. It is so nice to have live accompaniment for our singing.

UMCOR Sunday will be celebrated on March 22nd, the fourth Sunday of Lent. We are so fortunate to have a group of folks who have travelled to the UMCOR (United Methodist Committee On Relief) depot in Salt Lake City who will be sharing their experiences working preparing boxes of relief supplies for shipment to places where people's lives have been effected.

Holy Week begins with our Palm Sunday service on Sunday, April 5th. Please join us for this remembrance of Jesus' triumphal entry into Jerusalem. Maundy (Holy) Thursday worship will be at 6:00 PM on April 9th. It will be a service of footwashing. Although Selah UMC will not hold any Good Friday worship services or prayer vigils, we were reminded that the Yakima Association of Faith Communities sponsors an ecumenical worship service at noon at St. Joseph's Catholic Church in downtown Yakima. Easter Sunrise (SonRise?) Service will be at 6:00 AM on Easter morning at the cross in the field behind the church.

A couple of decades ago, Del and Jan Towell returned from a trip to Eastern Europe with a Conference Choir, and shared with the Selah UMC a tradition they had observed. It involved decorating of the cross with Spring flowers. Del and Jan would go in early Easter morning and using flowers donated by the congregation would create a "vine of flowers" that would wind down and around the cross. When Del and Jan were no longer able to do the ladder work involved, Don and Gwen Chaplin took over the job of coordinating the decorating. **Recently Mike and Michelle Helseth have coordinated the activity, but they will be unable to do so this year. We are looking for someone who will take the job over. If you are willing to do that, please talk to Margaret.**

By Kevin Dow



Selah Food Bank/NW Harvest/Camp Hope

The Selah Food Bank is busy on Mondays and Fridays with many Selah residents accessing a variety of food from the shelves and many crates of fresh winter produce. Although we are having sunny days, it is still cool outside. A bowl of hot soup helps to warm the belly and add nutrition to a meal or snack. This month the food bank volunteers ask for canned soup, any kind, and canned beans of all sorts, black, pinto, kidney, etc. They are grateful for any non-perishable food donation.

March is Canned Soup and Canned Beans Month



Northwest Harvest

We at Selah United Methodist Church and many other Selah organizations do our best to help supply the food bank with basic staples.

Do you know that Northwest Harvest is also a major contributor of food?

From their website, *Northwest Harvest serves more than 65 hunger relief programs and 13 schools in 9 counties in Central Washington. In addition to securing local produce from growers, we bring staples such as rice, beans, pasta, meat and fish into the region to make sure families are provided well-rounded, nutritious meals.*

Hunger isn't just the absence of food – it's the absence of justice.

Northwest Harvest is focused on changing the conversation on solving hunger here at home – from a model based on charity, to one rooted in social justice.

In addition to making sure those who suffer from hunger have increased access to healthy food, we aim to shift public opinion, as well as impact institutional policies and societal practices that perpetuate hunger, poverty, and disparities in our state.

March 21st is the next Northwest Harvest volunteer Saturday.

Come join Wesley and other community neighbors pack weekend meals for school children enrolled in the Backpack Mission. It is an hour and a half of friendly conversation and worthy mission outreach.

Camp Hope

In February, the Wesley cooks planned and served an enchilada dinner for approximate 75 residents of Camp Hope. If you would like to help cook or serve, the next Camp Hope meal will be **March 24th**.

AFTERNOON CIRCLE



We hope you enjoyed your "Souper Bowl" soup. Don & Connie Schramm delivered soup to Duward Massie and Jean & Don Hobbs. They all had a nice visit & appreciated their delivery. We certainly do miss seeing them at church.

Have you noticed???? It started with the Rock Room downstairs, then the two rooms down the hallway, then behind the folding doors. Dust bunnies disappeared & mops & paint brushes did their magic. Then it started spreading upstairs. The "Upper Room & Suzanna's Room" were named and the magic started again. No more dust bunnies. The paint brushes reappeared, tables, chairs and couches moved in, curtains hung. Pastor Dirk now has a nice comfortable room for bible study and classes, including a coffee pot, of course.

Sunshine appears and the paint brushes come out once more to attack the Simonson Room and hallway. And now noises are being heard in the women's restroom. Wallpaper is coming down and those paint brushes are resting quietly waiting to get back to work.



The next step will take some doing, but we are determined to make it happen, and that is carpeting in the Narthex & hallway. Circle gals may have started this idea in the Rock Room but by no means are we the only ones. Many hands are helping in both working and donations. We have hired a friend, Pat Ridley, to help us with painting and he does a super job. So stay tuned. **Our next meeting is Thursday March 5th at 1:00pm in the Simonson Room. Tereica Kaumheimer is our host.** Donna Ruud, President

United Methodist Women

I want to highlight some of the United Methodist Women mission outreach. This is from the 2018 report. Number of persons served by UMW supported National Mission Institutions - **205,042**. Number of women served over the age of 18 - **59,275**. Number children served 0 - 12 years old - **22,572**. Number of youth served age 13-18 - **20,972**. A small portion of what we do goes a long way in mission outreach.

We had a fun time at our Valentine Tea. It was a beautiful sunny day. There were some interesting gadgets shared. **March 17th is our next meeting. Be sure to wear green. We meet at 7:00 p.m. in the John Simonson Room.**

Tressa Cummings, Selah UMW President



A REQUEST FROM THE CHURCH COUNCIL



At the February 19th Council meeting a request/suggestion came from the worship team that we should have some way of tracking “in kind” gifts that are given for the operation and maintaining our Church. There are many people who pay for things for the Church that do not request reimbursement. Such as communion supplies, paper, Sunday School materials and many, many more items. We very much

appreciate all of these things and the fact that money is then left in the Church funds that allows for paying all the other bills. This, however, does not give us a complete picture of what it really takes to run SUMC. If all of these very generous gifts were to no longer be forthcoming and we had to come up with the funds, what would that do to our ability to afford to operate. We do not want to discourage anyone from continuing to provide those things, but we are asking that amounts be tracked and reported to the committee. A form has been developed that is available in the office and on the bulletin board to record material gifts. The completed form can then be placed in the finance section next to the door into the inner office. Including your name is optional. You could obtain a form and keep a running tally if you would rather not do it each and every time you supply something for the Church and then periodically turn it in. Again, this is just a means to be able to have an accurate idea of what it really costs to operate as Selah United Methodist Church. We thank you for your gifts, and understanding of why we are requesting this be done.

Gail Davis



SUMC Scholarship Application Available

Applications for the 2020 Bud Hall Memorial Scholarship for are available on the bulletin board in the Narthex and is posted on our Facebook page, where it can be downloaded and printed.

This scholarship can be awarded to any qualifying student who is a member, related to a member or regular attendee of the Selah United Methodist Church. Please see the application for additional requirements. The due date for submitting the

application is April 15, 2020 and it should be either mailed to the church or dropped off in the church office.

SUMC Scholarship Team



ANNUAL SUMC BIRTHDAY POTLUCK

Our annual birthday potluck and talent show – and now also game night - will be held on Sunday March 29 beginning at 5:00 pm in the fellowship hall. You may sit either at your birthday month table on with your family. Bring a main dish or salad to share. RSVP by putting your name on the month you were born for each member of your family that will be attending on the birthday wall in Narthex. You can also sign up to decorate a table and/or provide a theme/decorated cake for one of the months. If you have any questions, call Tereica at 509-930-0318 or Susan at 509-697-5909.



Lent Begins Ash Wednesday

Lent is a season of forty days, not counting Sundays, which begins on [Ash Wednesday](#) and ends on Holy Saturday. Lent comes from the Anglo Saxon word *lencten*, meaning “lengthen” and refers to the lengthening days of spring. When we participate in the service of ashes, we confront our sin. We recognize our inability to live up to all God has created us to be, and our need to be forgiven. No matter how often we go to church, how far we have come in our spiritual journeys, how accomplished we may feel, each of us has sinned and fallen short of the glory of God.

The forty days represents the time Jesus spent in the wilderness, enduring the temptation of Satan and preparing to begin his ministry. Lent is a time of repentance, fasting and preparation for the coming of Easter. It is a time of self-examination and reflection. In the early church, Lent began as a period of fasting and preparation for baptism by new converts and then became a time of penance by all Christians. Today, Christians focus on relationship with God, growing as disciples and extending ourselves, often choosing to give up something or to volunteer and give of ourselves for others. Sundays in Lent are not counted in the forty days because each Sunday represents a "mini-Easter" and the reverent spirit of Lent is tempered with joyful anticipation of the Resurrection.



MARCH CELEBRATIONS

Birthdays

Anniversaries

- 5 Corbyn Lowell
Ryan Mead
- 6 Kierna Hayman
Bev Goodman
Tereica Kaumheimer
- 7 Margaret Antanaitis
- 10 Dee Hayman
- 11 Michelle McFarland
- 14 Judy Jones
- 15 Lyle Von Essen
Robert Antanaitis
- 21 Andrea Van Beek
- 23 Roger Coburn
- 24 Robert Shoddy
- 25 Duward Massie
- 27 Lauryn Baranowski
- 28 Bill Walton
- 29 Becky Johnson
Laura Antanaitis Eidson

- 3 Ron & Linda Drew
- 17 Don & Connie Schramm





MARCH SUNDAY SCHOOL SCHEDULE



March 1 – Margaret Antanaitis & Cheryl Natland

March 8 – Susan Eisenhower & Becky Johnson

March 15 – Cheryl Natland & Debbie Jespersion

March 22 – Tereica & ??

March 29 - Joy McFarland and ??

We need help! We need a teacher assistant for March 22 and 29. You don't have to do any planning, we just need someone who can help the teacher. If you can help, please let Cheryl know or sign up on the schedule on the bulletin board. Thank you!

LUNCH AFTER CHURCH



On March 8 we will have corn beef and cabbage lunch after church in place of our normal potluck. Chuck will be cooking the corn beef and cabbage – bring a salad or dessert to share. A donation will be taken for buying supplies to fix a corn beef and cabbage dinner for Camp Hope at the end of the month. Not a fan of corn beef and cabbage? Neither is Becky, so she will bring stew.





MARCH CALENDAR

- 1 UMM Breakfast @ 8:00 am, Daniel's Kitchen
Bible Study @9:15 am, The Upper Room (continuing every Sunday)
Worship Service @ 10:30 am, Sanctuary
 - 2 New Testament Bible Study @ 1:00 pm, The Upper Room (continuing every Monday)
 - 4 Lenton Soup and Study; 5:30 pm, The Upper Room
 - 5 Ladies Afternoon Circle @1:00 pm, Simonson Room
 - 6 World Day of Prayer
 - 8 **Daylight Savings Time Begins – Spring ahead one hour!**
Worship Service @ 10:30 am, Sanctuary
Corn beef and cabbage lunch after worship service
Lenton Bible Study with Kevin @ 6:00 pm Location TBD
 - 11 Lenton Soup and Study; 5:30 pm, The Upper Room Room
 - 15 Worship Service @ 10:30 am, Sanctuary
Lenton Bible Study with Kevin @ 6:00 pm Location TBD
 - 17 Lenton Soup and Study; 5:30 pm, The Upper Room (Tuesday night)
UMW Meeting @7:00 pm, Simonson Room (wear green)
 - 18 Church Council Meeting @ 6:00 pm, Simonson Room
 - 19 Home Zone Team meeting @ 1:00 pm, Simonson Room
 - 21 Northwest Harvest @ 9:00 am, Warehouse
 - 22 Worship service, UMCOR Sunday @ 10:30 am, Sanctuary
Lenton Bible Study with Kevin @ 6:00 pm Location TBD
 - 24 Camp Hope Dinner, Meet at Wesley UMC @ 5:15 pm
 - 25 Lenton Soup and Study; 5:30 pm, The Upper Room
 - 25 Newsletter articles due
 - 26 Worship Team meeting @11:30 am, Daniel's Kitchen
 - 29 Worship service, @ 10:30 am, Sanctuary
Birthday potluck, @ 5:00 pm, Fellowship Hall
Lenton Bible Study with Kevin @ 6:00 pm Location TBD
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Selah United Methodist Church

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Growing Into the Image of Christ

How to get hold of Pastor Dirk:

Cell phone: (509) 388-1218

Email: pastordirkrobinson@gmail.com

Newsletter articles for the April
newsletter are due March 25

Articles can be emailed to

bjoh461@fairpoint.net

Mission Statement

“As a sacred body that worships God, we feed the soul of our communities, serve the needs around us, and open our hearts in respectful acceptance of all.”

Vision Statement

“To be an energized faith community.”